

SGX Bull Charge Cares: Fridays with AWWA (April)

What could be interesting and fun, something out of the ordinary that would entertain the seniors for a couple of hours? "Five stones!" shouted one. "Marbles!" yelled another across the table. Paper toss! Jenga! Different suggestions were tossed as the group finally settled on Paint-by-numbers! How does paint-by-numbers work? You start off with a small printed canvas, each area demarcated by numbers, and you paint accordingly.

Hence, this led the SGX Risk Management team to order canvases, pack goodies bags, and off they went to AWWA on 28 April.

When they arrived at AWWA, they were greeted by the seniors. Some came by on their wheelchairs, while a few others struggled as they got to their tables with their walking sticks. As they sunk into their seats, the team started giving out these canvases. Every once in a while you will hear someone asking for help, such as, "Ah boy, what is this number ah?"

Old age did not stop them to challenge the difficult. Instead, they worked with what they had. Some squinted due to their failing eyesight, while others anchored their hands on the table to stop trembling.



Where the spaces were too small to handle, the volunteers helped. With both hands trembling together, it reinforced what an amazing feat it was for them to paint at their age.





Stroke by stroke, they slowly completed their painting.



After a morning of painting, the seniors and volunteers had a light-hearted game of Bingo where the team witnessed how the seniors shouted “Bingo” as fast as they could match the lines. Soon after, the Bingo pages were filled up, and prizes fully redeemed. Amidst the sound of growling tummy as the seniors tucked into lunch, everyone were treated to a song 月亮代表我的心.



Time is the most precious gift anyone can give. Are we the giver or the receiver? What we do know is as we experience challenges along the way, we should retain the optimism and resilience the seniors demonstrated today. Overall, it was a very touching experience for the Risk Management team.

