

### **SGX Bull Charge Cares: Fridays with AWWA (July)**

“AWWA seniors are fun and game for challenges!” shared AWWA.

With that tip in mind, 26 volunteers from Equities & Fixed Income (EFI) team headed to AWWA Senior Activity Centre on 7 July and “armed” themselves with a line-up of fun activities for the seniors and most importantly, a mindset to serve and give.

The volunteers were divided into two groups - the mooncake-making group to engage the seniors at the centre in a hands-on snow skin mooncake-making cum singing session, while the EFI-chef group headed to the kitchen to prepare a hearty and healthy meal for the 180 seniors.

As the seniors streamed in, it was time to have them ready to participate in mooncake-making. Baking supplies and ingredients were distributed with simple instructions to mix and knead the ingredients. Some seniors surprised the volunteers with their vast knowledge of making mooncakes and even shared some useful tips to improve our recipe.

As they were busy kneading, our very own SGX music talent – Teng Yong serenaded the centre with his harmonica before the seniors commenced their karaoke session. Throughout the event, the centre was filled with melodious golden hits by seniors, and they were joined by Sutat who happily obliged to sing some songs with them – and impressed everyone with his vocals!



In the kitchen, the EFI chefs were busy scrambling eggs to go along with the lunch buffet specially catered for the seniors as well as preparing sweet potato balls soup for dessert – all cooked from scratch! Definitely not an easy feat given the space and time constraints. It heartened the hearts of our volunteer chefs when the seniors gave their thumbs-up for the food! The seniors also brought home the mooncakes they made to share with their family.



It was heartening to see the good rapport built between SGX volunteers. Their memory is still as sharp as ever with many seniors recognising many of the EFI volunteers who participated in last year's Bull Charge Cares activity where the team and seniors rolled popiah together.

A big thank you to all volunteers for embracing our values - **Trust, Passion, Service** – with the seniors!

