

SGX Bull Charge Cares: Fridays with AWWA

On 8 December, staff from the Human Resources, Internal Audit, and Marketing & Communications teams spent their Friday morning volunteering at the AWWA Senior Activity Centre.

For the first half of the morning, some of the volunteers and seniors played Bingo, Guess-the-Colour card game and Musical Balloon. The games were simple to play, but the seniors took pride and gave their full concentration in playing the games. There was no doubt that they were experts in Bingo. Despite playing Guess-the-Colour card game for the first time, they managed to play it well when the game went into its second round. Winners were given a tin of butter cookies, a box of instant oat porridge and a neck rest float.

While some of the volunteers were playing games with the seniors, the rest were in the kitchen preparing Ma Po Tofu dish for everyone. In addition to this mouth-watering dish, there were other dishes catered too – vegetable loh han chye and sweet and sour fish fillet. And of course not forgetting the dessert – hot sweet potato soup which was a hit among the seniors.

The seniors also received goodie bags containing several food items. Goodie bags and packed lunch were also delivered to those who were unable to join their friends at the activity centre in the morning.

At the end of the day, each volunteer received AWWA's limited edition postcards as a token of appreciation from AWWA. These colourful postcards were specially designed by former and current students of AWWA Special Student Care Centre and AWWA Rehab and Day Care Centre.

One by one, the seniors started to leave the activity centre with smiles on their faces after having a good time, thanking the volunteers profusely and saying "see you soon". It was definitely a fruitful day for SGX volunteers.



Prizes for the games' winners



Residents playing Bingo



Winners' happy faces



Briefing for the cooking assistants



Rinsing the rice grains



Preparing the ingredients for Ma Po Tofu



Residents waiting for lunch to be served to them



One last photo!



Limited edition postcards for the volunteers